

# YOUTH EMPOWERMENT AMONG MIDDLE SCHOOL STUDENTS: THEORY, RESEARCH, & PRACTICE

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UNIVERSITY OF MICHIGAN



**Michigan  
Youth Violence  
Prevention Center**

# EMPOWERMENT THEORY



# Focus on Assets

vs.

# Risks



Enhance  
Strengths  
vs.  
Fix Problems





Promote  
Health

vs.

Prevent  
Disease

Ecological  
Context  
vs.  
Victim Blaming



With  
vs.  
For  
Relationships





Multiple Levels  
vs.  
Individual Only





Processes

Outcomes



**P R O C E S S E S**

# Opportunities



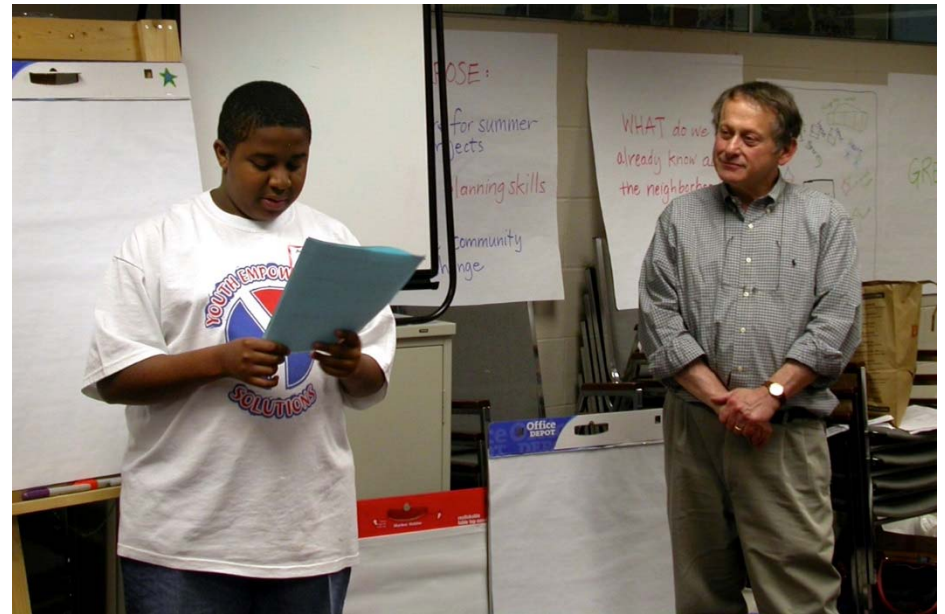
# Engagement



# Skill Building



# Gain Confidence

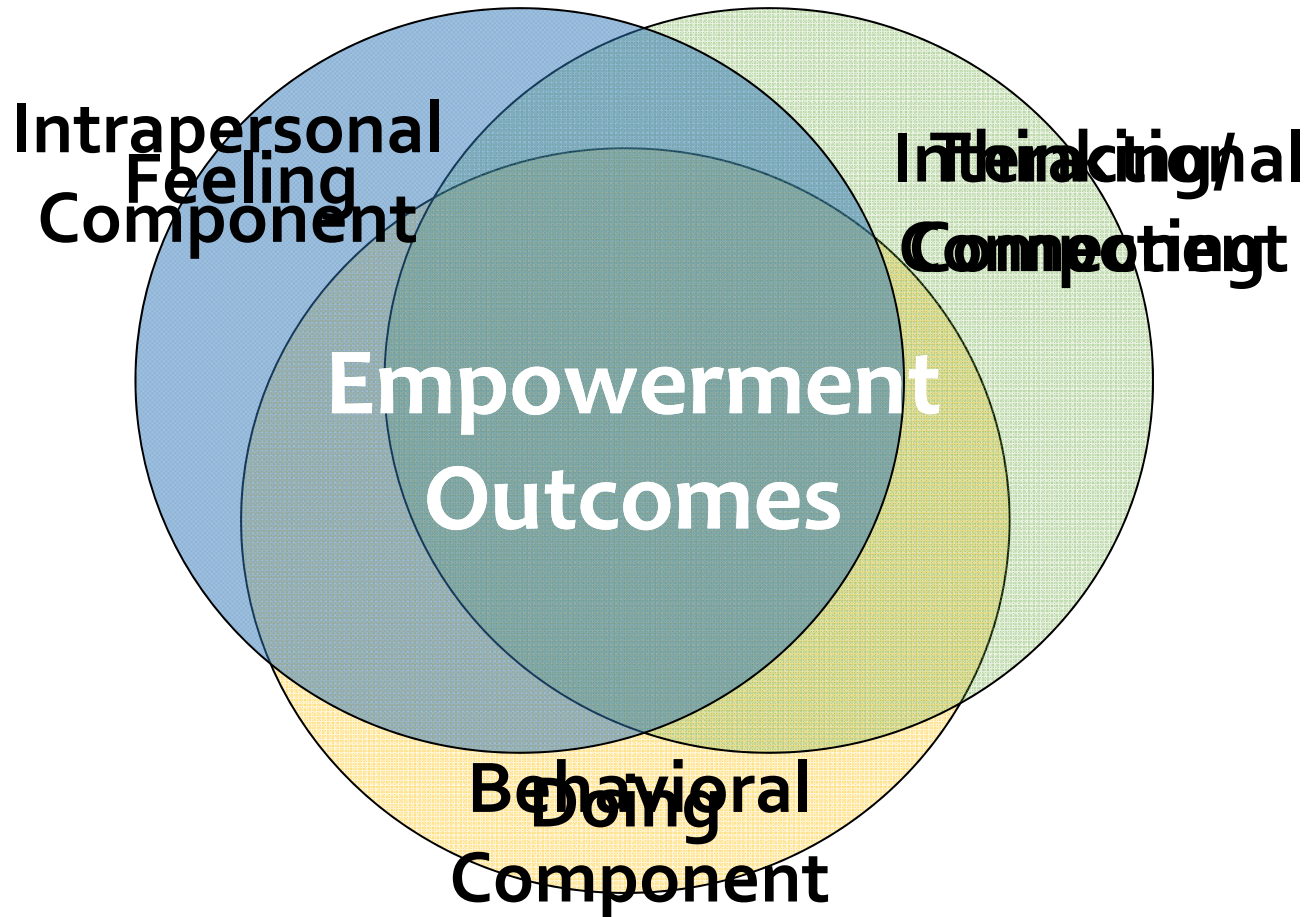




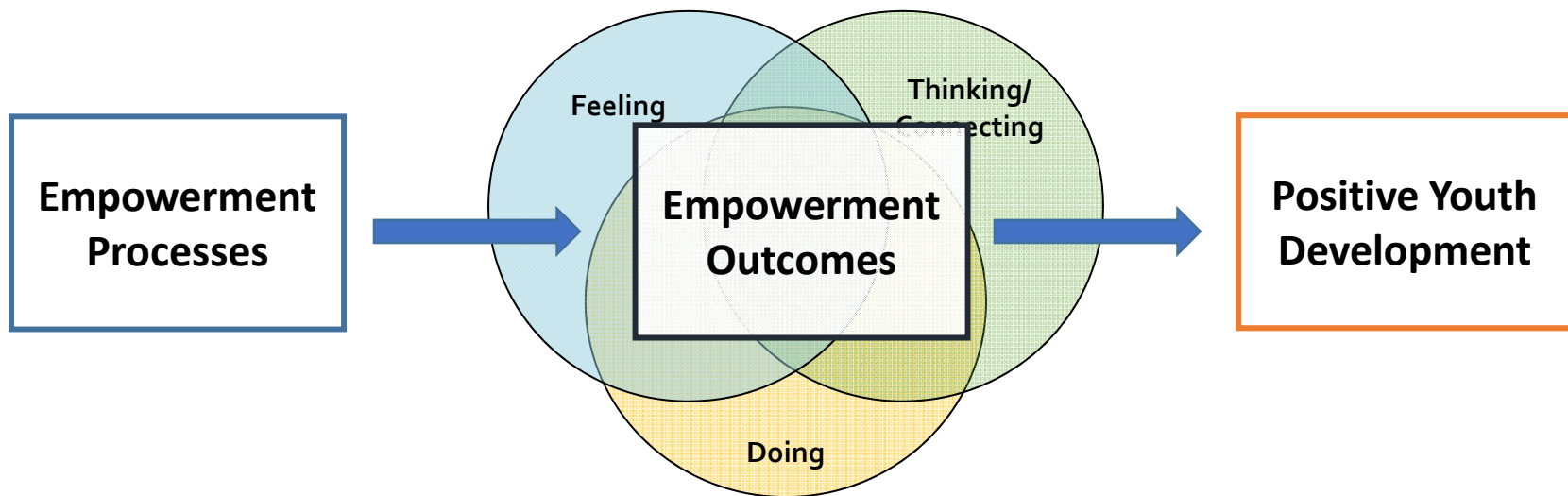
# OUTCOMES







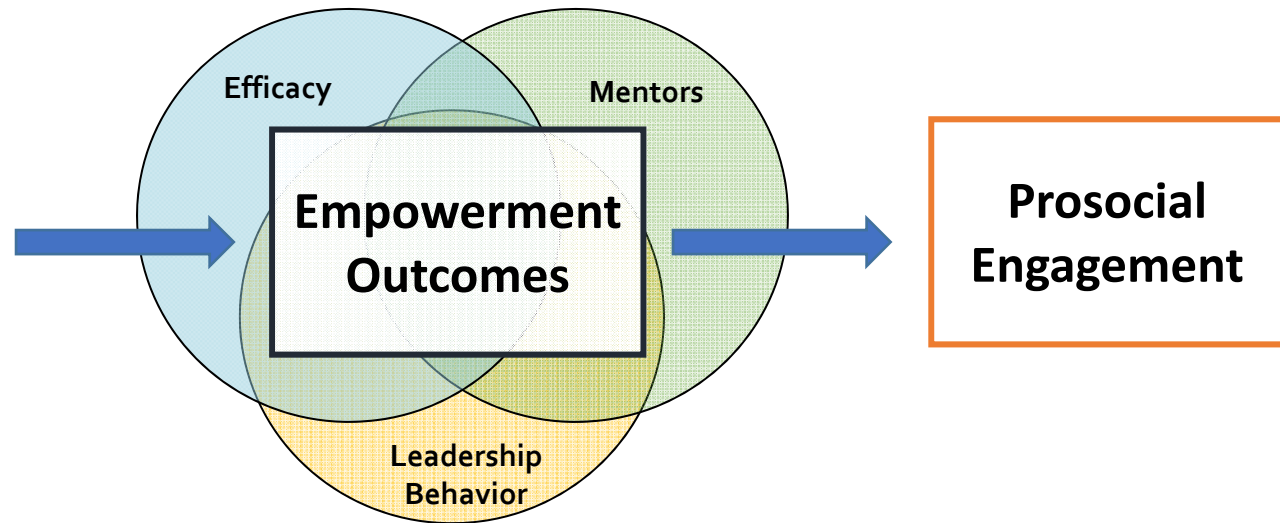
# Empowerment Theory



# YOUTH EMPOWERMENT SOLUTIONS



# Empowerment Theory



# Youth Empowerment Solutions for Peaceful Communities

A community-level violence prevention program that empowers youth  
to work with adults in making positive changes in their communities.



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## Curriculum



# Project Goals



# Adult Training





# Youth Creating Change





# Community Development





# Activities



# Skills Workshops







# Community Projects



# Working with Adults





# EVALUATION RESULTS

# PROCESS EVALUATION-METHODS



# LESSONS LEARNED

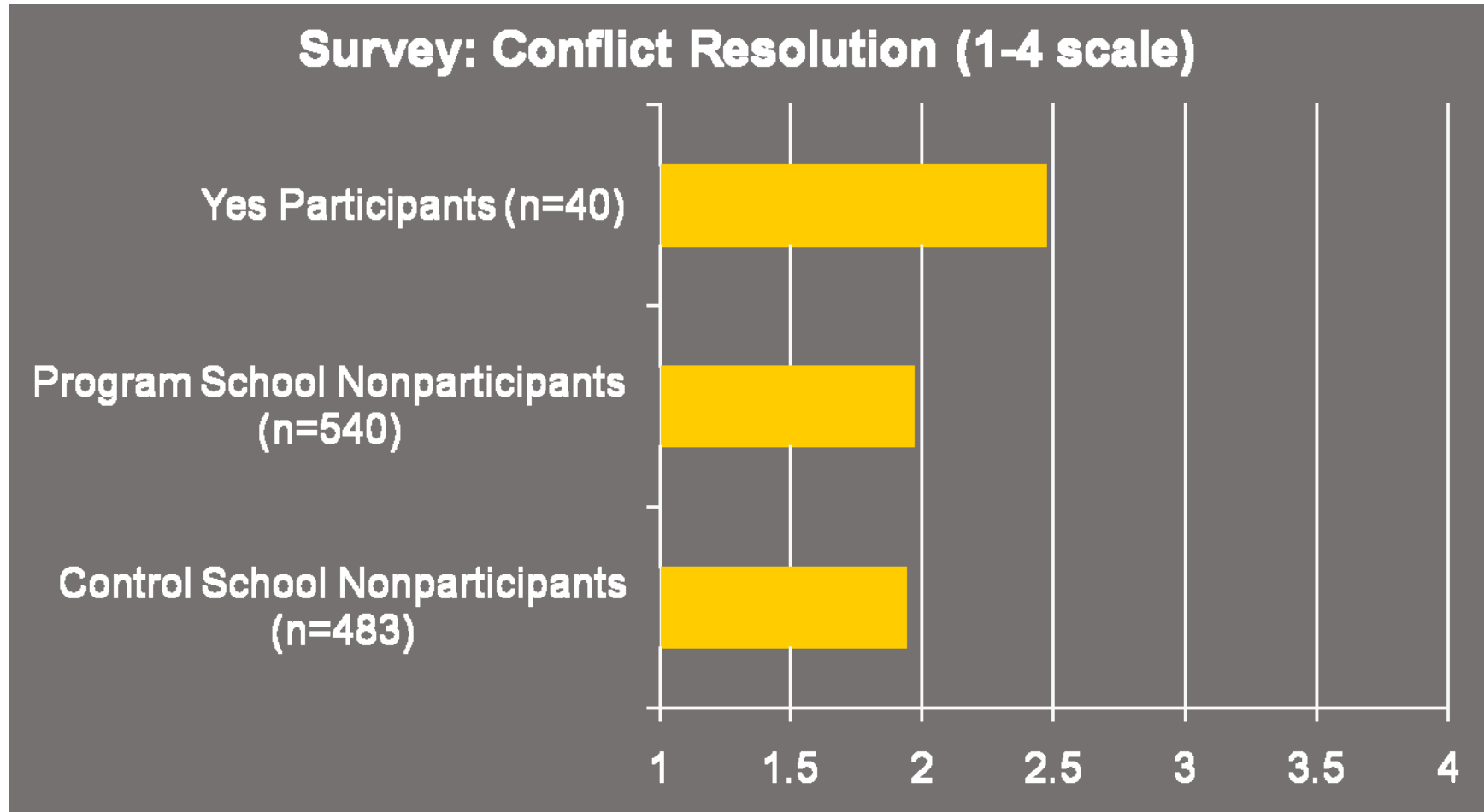
Key Results	Program Changes
Younger adults	Hired undergrads
Adults less controlling	Improved adult trainings
More support for neighborhood advocates	Reallocated staff time



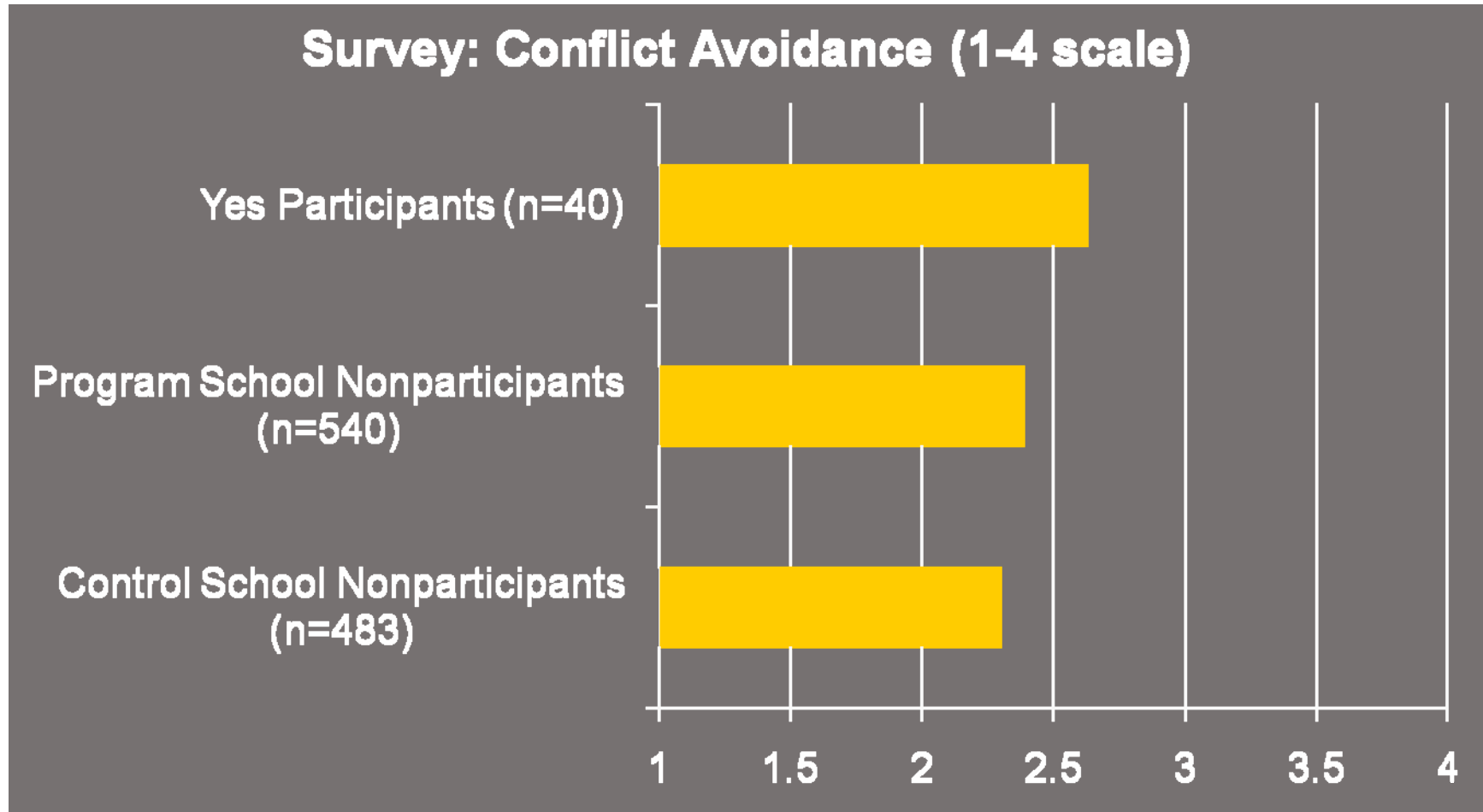
# Outcome Evaluation



# PARTICIPANTS VS. NONPARTICIPANTS



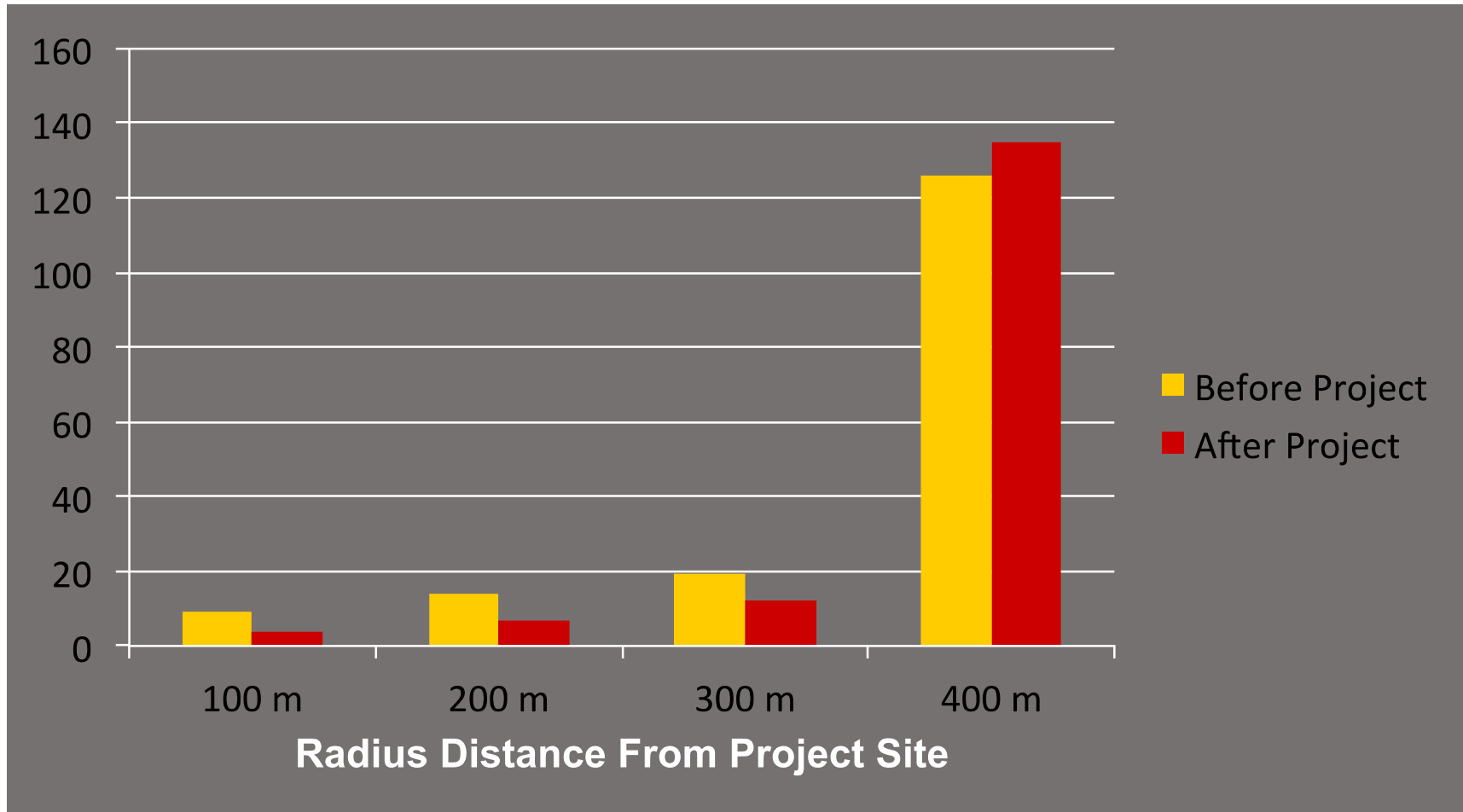
# PARTICIPANTS VS. NONPARTICIPANTS



# POLICE INCIDENT DATA



# ASSAULT COUNTS NEAR PROJECT SITE









<http://yes.sph.umich.edu>

